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INSIDE

**TRAILS 4 MILES RACE**

*Youth Trout Fishing Derby*

FRIDAY · MAY 8



pg. 10

*So much to do!*

# SPRING GUIDE

DANCE · RUNNING EVENTS · TRIPS · LEAGUES · FUN FOR ALL!

**KITE FEST**

**SHERANDO PARK**  
**Saturday, April 4**  
**10 am - 2 pm**

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FREDERICK COUNTY  
**PARKS & RECREATION**

**2020 SPRING ACTIVITY GUIDE**



## The Frederick County Parks and Recreation Commission

The Parks and Recreation Commission meets every second Tuesday at 7 pm at various locations. Call 540-665-5678 for additional information or if you wish to address the Commission.

Back Creek District - Gary Longerbeam -  
Vice-Chairperson

Gainesboro District - Natalie Gerometta

Opequon District - Ron Madagan

Red Bud District - Chris Fordney

Shawnee District - Guss Morrison

Stonewall District - Randy Carter

Member at Large - Charles "Rusty" Sandy, Jr. -  
Chairperson

Member at Large - Amy Strosnider

Board of Supervisor Liaison - Robert Wells

The Frederick County Parks and Recreation Department Activities Guide is published four times per year with a special summer camps issue in early spring. To receive your free copy, call 540-665-5678. Information in this publication is also available as an interactive pdf on our web site: [fcprd.net](http://fcprd.net)



## FREDERICK COUNTY PARKS & RECREATION

Customer Service Locations and Phone Hours · 540-665-5678

### Main Office

107 North Kent St.

Winchester, VA 22601

Days: Monday - Friday

Hours: 8:00 am - 5:00 pm

### Sherando Comm. Center

185 South Warrior Drive

Stephens City, VA 22655

Days: Monday - Friday

Hours: 4:00 pm - 8:00 pm

Register Online Now  
[fcprd.net](http://fcprd.net)

### A sample of what's inside!

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Softball  
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Registration for 2019-2020 is ongoing!



### basicREC during the school year

Open to all Frederick County Elementary students, the basicREC program will provide your child with exceptional recreational opportunities before and after school! Children will engage in active games and participate in art projects, crafts, sports, and fitness programs. Weather permitting, activities will take place outside.

#### basicREC Morning & Afternoon

*Fee: \$97 per week; includes a daily snack, all early release days, delayed openings, teacher workshop days, snow day camp, winter break, spring break and enrichment programs. You must register through our main office for these days, other than early release and delayed openings. Space is limited.*

Activity #	Location
11803-A	Apple Pie Ridge Elementary
11803-B	Armel Elementary
11803-C	Bass Hoover Elementary
11803-D	Evendale Elementary
11803-E	Gainesboro Elementary
11803-F	Greenwood Mill Elementary
11803-G	Indian Hollow Elementary
11803-H	Middletown Elementary
11803-I	Orchard View Elementary
11803-J	Redbud Run Elementary
11803-K	Stonewall Elementary

#### basicREC Mornings Only

*Fee: \$48 per week; includes delayed openings; \$15 per day for teacher workshop days, snow day camp, winter break, and spring break. Program hours: 6:30 a.m. until the beginning of classes*

Activity #	Location
11801-A	Apple Pie Ridge Elementary
11801-B	Armel Elementary
11801-C	Bass Hoover Elementary
11801-D	Evendale Elementary
11801-E	Gainesboro Elementary
11801-F	Greenwood Mill Elementary
11801-G	Indian Hollow Elementary
11801-H	Middletown Elementary
11801-I	Orchard View Elementary
11801-J	Redbud Run Elementary
11801-K	Stonewall Elementary

#### basicREC Afternoons Only

*Fee: \$52 per week; includes a daily snack, all early release days; \$15 per day for teacher workshop days, snow day camp, winter break, and spring break. Program hours: from the afternoon release bell until 6 p.m.*

Activity #	Location
11802-A	Apple Pie Ridge Elementary
11802-B	Armel Elementary
11802-C	Bass Hoover Elementary
11802-D	Evendale Elementary
11802-E	Gainesboro Elementary
11802-F	Greenwood Mill Elementary
11802-G	Indian Hollow Elementary
11802-H	Middletown Elementary
11802-I	Orchard View Elementary
11802-J	Redbud Run Elementary
11802-K	Stonewall Elementary

### Don't need basicREC every day?

Register only for the times you need - with no minimum number of days required! You pick it: morning, afternoon, morning and afternoon, spring break camp, winter break camp, teacher workshop days, snow days. Register online, while space is available, for one day or multiple days.

Fees for part-time:

Fee for morning only: \$13 per day

Fee for afternoon only: \$15 per day including early dismissal days

Fee for morning and afternoon: \$26/day including teacher workshop days and other FCPS holidays for which basicREC is open

*Daily registrations do not receive refunds or credits unless the program is canceled.*

*Days may be switched if it is confirmed that your child did not attend.*



Registration for Daily basicREC is available online.

Register today at [fcprd.net](http://fcprd.net)

Are you looking for a summer job?  
We are hiring for basicREC Summer Camp!

## Community Recreation

### Ballet

AGE 2.5-6

**Instructor:** Jennifer Turman Bayliss, The Sunshine Studio

Preschoolers will love the creativity and fun of this dance class! Young ballerinas will learn ballet basics, including names of positions. Ballet experience is not required, but ballet slippers are. If your preschooler is not potty trained, you will be asked to stay on site.

Fee: \$66      Day: Th      Time: 10:45-11:45A  
Location: Sherando Community Center

Activity#	Date	Registration Deadline
15101-D	2/27-4/2	2/25
15101-E	4/16-5/14	4/15
(4/16-5/14 at Evendale Community Center)		

[Register Here](#)

### Young Artist

AGE 6-11

**Instructor:** Hana Malone

Get creative! Young artists will use different materials to create artwork as they explore several mediums and learn a variety of skills. Imagination, along with guidance from the instructor will enhance the young artists' experience. Please bring a smock or big t-shirt. All supplies provided.

Fee: \$40      Day: Tu      Time: 7-8P  
Location: Greenwood Mill Community Center

Activity#	Date	Registration Deadline
35300-B	2/11-3/3	2/7
35300-C	3/10-3/31	3/6
35300-D	4/14-5/5	4/12

[Register Here](#)

### Line Dancing

AGE 10+

**Instructor:** Paul Richardson

Families are encouraged to do this program together! Dive into the popular world of modern line dances. Learn the classic favorites, the newest pop dance and many styles in between. Please wear tennis shoes and bring water.

Fee: \$11      Day: W      Time: 7-8P  
Location: Evendale Community Center

Activity#	Date	Registration Deadline
15702-D	3/11-4/8	3/9
15702-E	4/15-5/20	4/13
15702-F	6/17-7/22	6/16

[Register Here](#)

### Fundamentals of Theatrical Performance

AGE 8-12

**Instructor:** Steve Organ

Have fun as you learn the basics of theatrical performance. From stand up, to striking a pose and dramatizing a simple story, every participant will get hands-on experience. Enjoy exploring and developing theatrical ability using, sensory games or group improv. Students will do a short performance on the last day of the class. The instructor will provide a list of materials needed. (Examples of materials needed are old socks, paper bags, buttons, yarn, thread).

Fee: \$40      Day: W      Time: 6:30-7:30P  
Location: Evendale Community Center

Activity#	Date	Registration Deadline
37305-A	3/18-4/22	3/16

[Register Here](#)

### Introduction to Music Theory

AGE 8-12

**Instructor:** Steve Organ

Check out this class! Participants will learn music theory and history. Music concepts will include staves, notes and much more along with the history of music from the drums of Africa to the pop music of today. Learn about the different families of instruments as well as build your own instruments from household items. A materials list will be handed out the first day of class.

Fee: \$40  
Location: Evendale Community Center

Activity#	Date	Day	Time
37304-A	3/10-4/14	Tu	6:30- 7:30P
Registration Deadline: 3/6			

[Register Here](#)





# Father-Daughter Sweetheart Dance

**FEBRUARY 15 · 6:30 – 8:30 PM**  
**WINCHESTER MOOSE LODGE**

**FCPRD.NET · 540-665-5678**



## Father Daughter Dance: Sweetheart Dance

Share precious moments with your littles. Dance to the tunes of a DJ, enjoy cake from Sweet Tooth Bakery, finger foods, door prizes and a professional photographer on site for pictures. We will crown a daddy/daughter couple. Please note: we cannot accept walk-ins, all couples must be pre-registered. Doors will open at 6pm.

Activity #	Date	Day	Time
23743-A	2/15	Sa	6:30- 8:30P

Fee: \$16 per person

Location: Winchester Moose Lodge

[Register Here](#)

Registration Deadline: 1/31

## Chess

AGE 6+

Instructor: James Moyer

This is a perfect class to learn chess or refresh your game. You will learn how to win in two to four moves, how to checkmate and much more. For the advanced player, we will cover good opening principles such as the Sicilian defense. We recommend that a parent sign up with a child that is 8 or under. Bring a light snack and water.

Day: Su

Time: 1-4P

Location: Greenwood Mill Community Center

Date: 3/8-3/29 Registration Deadline: 3/5

Activity#

Fee

27781-C

\$45 per individual

27781-D

\$55 per one adult and one child

[Register Here](#)

## Spring Break Young Riders Camp

AGE 7-15

Conducted by: Hunter's Bay Sport Horses

The perfect experience is waiting for you at Hunters Bay Sport Horses. Campers will be introduced to riding, caring, grooming, and much more. Hunters Bay Sport Horses will provide campers with three days filled with horse activities and time in the saddle. Campers must bring their own snacks and lunch; there will be 2 snack breaks 1 lunch break and frequent water breaks. Campers must wear long pants, shirts that can be tucked in with short sleeves (no tank tops). Campers need to bring a water bottle and their own sunscreen. Campers are encouraged to wear boots or sturdy shoes with tall socks (no sandals, sneakers or flip flops) and bring their own riding helmet that meets or exceeds current standards (ASTM F1163-04a/SEI). Bike helmets will not be allowed. Helmets can be purchased at many different area locations and range in price from \$35.00 and up it is important that riders have a helmet that is specifically fit to them to ensure both comfort and safety. Space is limited so sign up today!

Website: [www.horselocate.com](http://www.horselocate.com)

Activity#	Date	Day	Time	Fee
38356-A	4/10, 4/13-14	F, M, Tu	9A- 3P	\$215

Location: Hunter's Bay Sport Horses

439 Reliance Rd, Middletown, VA 22645

Registration Deadline: 4/2

[Register Here](#)



Are you looking for a summer job?

We are hiring lifeguards!

Must be 15 years old and have current American Red Cross CPR and Lifeguard Certifications.



### Fire & Rescue - Volunteers Needed!

Are you looking for a rewarding activity? Become a volunteer! All skill levels are needed, from adventure seeker to record keeper. As a volunteer, you receive satisfaction in helping others and connect with your community. We need your help!

In addition to fighting fires and saving lives our volunteers also serve the community by volunteering at variety of fundraising events. Here are some of the events that require volunteer help:

Pancake Breakfast  
Christmas Bazaar  
Yard Party

Pig Roast  
Bake Sales  
Craft Bazaar

Bingo  
Turkey-Oyster Dinner  
Cash Party

Requirements: Must be 16 and complete a criminal background check.

Phone: 540-722-8358 E-mail: [ffvolunteer@fcva.us](mailto:ffvolunteer@fcva.us)

Visit our website for more information: [www.fcva.us/volunteer](http://www.fcva.us/volunteer)

Volunteer Contact Form: <https://www.fcva.us/departments/fire-rescue/volunteering/volunteer-contact-form>





## Sports

### Littles' Volleyball

AGE 6-8

Your youngster will learn the fundamentals of volleyball in a fun, non-competitive setting! The volleyballs we will use will be age appropriate to fit your child's abilities and needs. Stations and mini-games will be set up in order to make this a fun learning environment! Parents may be asked to help individually with their child at times.

[Register Here](#)

Activity#	Date	Day	Time
32222-A	4/15-5/20	W	6-7P

Fee: \$45      Location: Evendale Community Center  
Registration Deadline: 4/14

### Littles' Fitness Class

AGE 4-6

**Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor**  
In this 4-week parent/child program, kids will participate in a variety of activities to improve motor skills and hand/eye coordination that include throwing, catching, obstacles courses, hula hoops, tennis balls, agility, balance challenges, and fun games.

[Register Here](#)

Activity#	Date	Day	Time
29113-A	2/16-3/8	Su	10:15-11:15A

Fee: \$48      Location: Evendale Community Center  
Registration Deadline: 1/30

### Littles' Tee Ball

AGE 3-5

**Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor**  
Don't miss out on these unique sports programs that offer child and parent participation. Clinics provide the opportunity for children to work on-one-one with a parent to learn various skills associated with tee ball. Every player will receive a baseball glove and ball.

[Register Here](#)

Fee: \$48

#### Evendale Elementary Community Center - 4/13-5/18

Activity#	Age	Day	Time
32124-A	3	M	5:15- 6P
32124-B	4-5	M	6:05- 7P

#### Greenwood Mill Community Center - 4/15-5/20

Activity#	Age	Day	Time
32124-C	3	W	5:15- 6P
32124-D	4-5	W	6:05- 7P

### Kids' Sports & Agility Clinic

AGE 8-12

**Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor**  
Get ready for spring sports and improve overall performance before the season. This clinic taught by a certified personal trainer and will focus on: agility drills, jumping skills, speed ladder drills, quickness, ball and balance training, footwork and directional drills.

[Register Here](#)

Activity #	Date	Day	Time
39375-A	2/26-3/18	W	6:30- 7:45P

Fee: \$60      Location: Armel Elementary School  
Registration Deadline: 2/24

### Floor Hockey Clinic

AGE 6-9

**Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor**  
Learn the fundamentals of floor hockey while participating in drills, contests, and games. Safety, sportsmanship, and teamwork are stressed each week.

[Register Here](#)

Activity #	Date	Day	Time
22275-B	2/26-3/18	W	5:30- 6:20P

Fee: \$40      Location: Armel Elementary School  
Registration Deadline: 2/24

### Littles' Tennis Clinic

AGE 5-7

**Instructor: Lisa Mann, Certified Personal Trainer & Kids Sports Instructor**  
In this 4-week parent/child introductory tennis program, kids will focus on basic ball skills, movement, hand/eye coordination drills, age appropriate technique, & fun! Racquets and balls are provided.

[Register Here](#)

Fee: \$48

Activity #	Date	Day	Time
32244-A	3/5-3/26	Th	6-7P

Location: Evendale Elementary School Gymnasium  
Registration Deadline: 3/2

## Fencing Classes

AGE 8+

**Instructor:** Tom Jobson, Member of the United States Fencing Association

Our introductory fencing programs introduce students to the many benefits of this Olympic sport. Beyond the fitness benefits, fencing promotes intellectual development, decision-making skills, self discipline, and confidence, all taught in a safe, supportive environment. Please join us for a fun workout, fencing, and new friendships. Equipment is available for a one time rental fee of \$15 payable to the instructor.

Activity # 17782-B

Fee: \$80 Location: Gainesboro Comm. Center

Date: 4/7-5/30 Registration Deadline: 4/7

Day: Tu - 6:30 - 8:00P

Sa - 10:00 - 11:30A

### Adult Fencing (18+)

Activity # 17582-B

Fee: \$50 Location: Gainesboro comm. Center

Date: 4/11-5/30

Day: Sa Time: 11-12:30P

## [Register Here](#)

## Youth Wrestling

AGE 5-12

**Instructor:** John Campbell, Aylor Middle School Wrestling Coach

This six week wrestling program is designed for any level of wrestler. In this instructional setting, area coaches and wrestlers will teach your child how to do basic moves associated with wrestling. Once skills are learned, all age groups will have a chance to wrestle in matches. Please include wrestler's shirt size at time of registration. Wrestling will not be held 4/12.

Fee: \$45

Date: 3/29-5/10

Day: Su Location: SHS Wrestling Room

Registration Deadline: 3/22

Activity#	Age	Time
37357-A	5-6	1- 2:30P
37357-B	7-8	2:30- 4P
37357-C	9-12	4- 5:30P

## [Register Here](#)

## Blue Ridge Youth Soccer Association

Blue Ridge United's recreational soccer program is offered in the Fall and Spring seasons, with a variety of co-ed and unisex teams starting as young as 3 through High School.

Birth Years: 2016-2001

Registration Begins: 10/26/19

Registration Ends: 02/15/20

To register or learn more contact

[www.brysa.org](http://www.brysa.org)

540-662-6380.

## Beach Volleyball Developmental Clinic

AGE 11-16

**Co-Sponsored with Blue Ridge Volleyball Association**

Get introduced to a different type of volleyball instructed by the coaches from Blue Ridge Volleyball on our new sand courts at Clearbrook Park. Instruction will be held on Tuesday/Thursday nights; fundamental from 5:00-6:30pm, advanced from 6:30-8:00 pm. There will be an evaluation night the first night, 5/5, and the Blue Ridge coaches will determine whether your child will be in the fundamental or advanced program. Ages are for 11-16 year olds (U12, U14, U16).

Activity#	Date	Day	Time	Fee
48422-A	5/5-6/11	Tu,Th	5- 8P	\$90

Location: Clearbrook Park

## [Register Here](#)





## Adult Basketball League

Have a competitive edge or just like to play basketball with friends? If you enjoy open gym but want it to be a little more competitive, this is the league for you. Games will be played throughout the week at any of the four centers; Gainesboro, Greenwood Mill, Orchard View, and Evendale Elementary Schools. Sign up as a team or individual.

- All individuals will be a free agent for currently formed teams or if enough participants sign-up another team will be formed.
- All participants must be of age by first game in order to play in the league.
- ID's will be required before the first game.
- Provide team name/color at time of registration.
- Team roster will be due at least one week prior to the first scheduled game.
- Schedules, rules, and other info will be sent to team captain



Early Bird Fee: \$480 (team) before 2/24 at midnight  
 Final Fee: \$530 (team) between 2/25 and 3/2 at midnight

Early Bird Fee: \$50(individual) before 2/24 at midnight  
 Final Fee: \$60 (individual) between 2/25 and 3/2 at midnight

Activity#	Description	Date	Day	Time
32520-A	Age 30+Team	3/17-5/14	Tu,Th	6:30- 9:30P
32520-B	Age 30+ Individual	3/17-5/14	Tu,Th	6:30- 9:30P
32520-C	Age 18-29 Team	3/16-5/14	M,Tu,Th	6:30- 9:30P
32520-D	Age 18-29 Individual	3/16-5/14	M,Tu,Th	6:30- 9:30P
32520-E	Age 40+ Team	3/22-5/17	W,Su	6:30- 9:30P
32520-F	Age 40+ Individual	3/22-5/17	W,Su	6:30- 9:30P
32520-G	Co-Ed 18+ Team	3/22-5/17	W,Su	6:30- 9:30P
32520-H	Co-Ed 18+ Individual	3/22-5/17	W,Su	6:30- 9:30P

[Register Here](#)

## Special Olympics

AGE 8+

The following programs are designed to encourage involvement in organized sports. New athletes MUST fill out the required Special Olympic paperwork as well as FCPRD registration information. Returning athletes must register with FCPRD and are responsible for updating Special Olympic paperwork as needed. Each sport will have a skills component and a competitive component.

Activity#	Description	Date	Day	Time	Location
27714-B	Youth Bowling (Ages 8-21)	2/24-3/30	M	3:30- 5P	Northside Lanes
27714-C	Adult Bowling (Ages 22+)	2/21-3/27	F	4- 5:30P	Northside Lanes
32714-A	Tennis (Ages 8+)	3/29-5/17	Su	6- 7P	Winchester Country Club
32714-B	Aquatics (Ages 8+)	3/28-5/16	Sa	9:30-11A	Jim Barnett Park
32714-C	Softball (Ages 8+)	3/28-5/30	Sa	1:15- 4P	Sherando Park, Field #5
32714-D	Track and Field (Ages 8+)	3/29-5/31	Su	2:30- 4P	Sherando High School Track

VOLUNTEER COACHES AND ASSISTANTS ARE NEEDED FOR THE ABOVE SPECIAL OLYMPIC SPORTS,  
 PLEASE CALL 540-665-5678.

## Youth Trout Derby - FREE!

AGE 4-14

Families are encouraged to bring their young anglers (ages 4-14) to catch stocked trout and other fish at Clearbrook Park Friday evening May 8th from 5:30-8 pm. This is a rain or shine event with no registration required, but a RSVP is helpful for us to inform you of event updates and future fishing adventures. Participants must bring their own fishing pole, bait, tackle and gear to reel in that big one. Award and door prizes are in the works to make for the best fishing experience this year! The Youth Trout Derby will create memories for families that will last forever!

Activity# 33386-A

Fee: Free

Date: 5/8

Day: F

Time: 5:30-8P

Location: Clearbrook Park



FREDERICK COUNTY PARKS AND RECREATION

# KITE FEST

APRIL 4 · SHERANDO PARK · 10 AM - 2 PM

**FREE ADMISSION**

A one-of-a-kind family event for all to enjoy! Bring the family to Sherando Park to take in the bright colors and fun that comes along with kite flying. Enjoy vendors, food and door prizes! A fantastic family day at the park!



FREDERICK COUNTY  
PARKS & RECREATION



## Spring Training Softball League - AGE 18+

Get your softball team in tune for this summer. League play will consist of eight regular season games guaranteed and will NOT have a post season tournament. Teams will play two games per night. All doubleheaders that are rained out during the regular season can be made up when and where space is available. Players must be 18 years of age in order to participate. Rosters are due before your team's third game. Schedules and Rules will be emailed to coaches. This league will reflect USSSA rules unless otherwise outlined in the FCPRD league rules.

Early Bird Registration Fee - before 2/23 : \$225

Late Registration Fee - On or before 3/1: \$275

\*\* No teams will be taken after 3/1

Activity#	Description	Date	Time	Day
32528-A	Spring Training-Double Header League	3/16-4/30	6-10 pm	TBA late February

Location: Sherando Park

[Register Here](#)

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## Adult Summer Softball - AGE 18+

Our Countywide leagues will have a 16-game guarantee with a post season tournament utilizing both Stonewall and Sherando Parks for game locations. Make-up games will be scheduled when and where space is available. Players must be 18 years of age in order to participate. Rosters are due before your team's third game. Please include your team name at time of registration. Team roster forms and league rules can be found online at [www.fcprd.net](http://www.fcprd.net)

Notes: The league commissioner reserves the right for team placement based on previous season(s) level of play. Divisions may be combined if the minimum numbers of teams are not met. League Schedule and Rules will be emailed to each team representative. This league will reflect USSSA rules unless otherwise outlined in the FCPRD league rules.

Early Bird Registration Fee - before 4/1 : \$350

Late Registration Fee - On or before 4/5: \$400

\*\* No teams will be taken after 4/5

Activity#	Description	Date	Day	Time	
32528-B	Competitive Division	5/4 - playoffs	T, Th	6:30- 9:30 pm	<a href="#">Register Here</a>
32528-C	Upper Recreation Division	(Monday and/or Fridays if needed)			
32528-D	Lower Recreation Division	Location: Stonewall Park and Sherando Park			

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## Adult Summer Co-Rec Softball - AGE 18+

The hottest co-rec softball league in the area is right around the corner! Teams will get a 14 game guarantee plus a double elimination tournament utilizing both Stonewall and Sherando Parks for game locations. The tournament format will be determined based on the total number of teams registered. Your team must have at least 4 males and 4 females playing at all times, but have an additional male or female to have a playable game. Players must be 18 years of age in order to participate. Rosters are due before your team's third game. Games that are rained out can be made up when and where space is available. Please include your team name at time of registration & signify if your team is considered to be Competitive or Recreation. The league will split into 2 divisions if there are enough teams. Team roster forms and league rules can be found online at [www.fcprd.net](http://www.fcprd.net)

Early Bird Registration Fee - before 4/1 : \$300

Late Registration Fee - On or before 4/5: \$350

\*\* No teams will be taken after 4/5

Activity#	Description	Date	Day	Time	Location
32529-A	Adult Summer Co-Rec Softball	5/6 - playoffs	Su, W	W - 6:30- 9:30 pm Su - 1 - 6 pm	Sherando Park and Stonewall Park

Notes: Divisions may be combined if the minimum numbers of teams are not met. League Schedule and Rules will be emailed to each team representative. This league will reflect USSSA rules unless otherwise outlined in the FCPRD league rules.

[Register Here](#)

## Kids' and Youth Tennis

AGE 4-11

**Instructor:** Matt Rosner, PTR and FCPRD Tennis Staff

This Program is designed to introduce the sport of tennis using upbeat, positive, encouraging coaching; initiating and demonstrating proper essential basic skills and stroke development. The staff will introduce key skills using a variety of activities as well as some components of physical conditioning including focus and concentration exercises.

Activity#	Age	Date	Day	Time	Fee	Location
22344-J	4-7	2/17-3/23	M	5:15- 6P	\$73	Snowden Bridge
22344-K	4-7	2/19-3/25	W	5:15- 6P	\$73	Snowden Bridge
22344-L	4-7	2/17-3/25	M,W	5:15- 6P	\$123	Snowden Bridge
22344-P	7-11	2/17-3/23	M	5:15- 6:30P	\$88	Snowden Bridge
22344-Q	7-11	2/19-3/25	W	5:15- 6:30P	\$88	Snowden Bridge
22344-R	7-11	2/17-3/25	M,W	5:15- 6:30P	\$138	Snowden Bridge

[Register Here](#)

## Middle/High School Tennis

AGE 11-18

**Instructor:** Matt Rosner, PTR and FCPRD Tennis Staff

The Middle/High School Tennis Program is designed to take participants from mastering essential skills to actively playing tennis; all structured in a team tennis practice, work-out format. Players will develop and improve overall skills, learn the fundamentals of all strokes (forehand, backhand, volley, overhead, serve) gain self-confidence, improve conditioning, footwork, agility, athleticism and play games. This program is also an excellent opportunity for current and aspiring high school tennis players to prepare for their upcoming high school tennis season.

Activity#	Date	Day	Time	Fee	Location
22444-D	2/17-3/23	M	6:15- 7:30P	\$88	Snowden Bridge
22444-E	2/19-3/25	W	6:15- 7:30P	\$88	Snowden Bridge
22444-F	2/17-3/25	M,W	6:15- 7:30P	\$138	Snowden Bridge

[Register Here](#)

## Youth and Middle/High School Tennis

AGE 4-17

**Instructor:** Matt Rosner, PTR and FCPRD Tennis Staff

This program is designed to take participants from mastering essential skills to actively playing tennis. The staff will introduce key skills using a variety of fun activities as well as some components of physical conditioning. Players will develop and improve overall skills, learn the fundamentals of the forehand, backhand, volleys, overhead & serve) develop techniques for better focus and concentration, gain self-confidence, improve conditioning, footwork, agility and athleticism, play games, and most importantly, HAVE FUN! The Youth Tennis program is designed to engage the youth into the game of tennis right away creating a family fun, youth group environment that will help to increase the learning curve developing the skills necessary to become enthusiast and confident about continuing to play and improve.

Activity#	Age	Date	Day	Time	Fee	Location
32344-A	4-11	4/7-4/30	Tu,Th	6- 7P	\$82	Sherando High School
32344-B	11-17	4/7-4/30	Tu,Th	7- 8P	\$82	Sherando High School
32344-C	4-11	5/5-5/28	Tu,Th	6- 7P	\$82	Sherando High School
32344-D	11-17	5/5-5/28	Tu,Th	7- 8P	\$82	Sherando High School

[Register Here](#)



## Adult Tennis Lessons

AGE 18+

*Instructor: Matt Rosner, PTR and FCPRD Tennis Staff*

This program is excellent for all adults looking to get back into the game of tennis, active players, as well as beginners who are looking to learn the sport and at the same time get in shape with a great physical work-out. This unique program combines going over the proper fundamentals of the sport while each session gives participants an opportunity to run through a number of movement/conditioning drills and games. In addition, the Tennis Director will conduct stroke breakdown and analysis, and prepare a monthly program helping the Adult Tennis player achieve their individual goals.

Activity#	Date	Day	Time	Fee	Location	<a href="#">Register Here</a>
22544-B	2/17-3/23	M	7:45- 9P	\$93	Snowden Bridge	
32544-A	4/7-4/30	Tu or Th	8- 9:15P	\$60	Sherando High School	
32544-B	5/5-5/28	Tu or Th	8- 9:15P	\$60	Sherando High School	



**SUMMERFUN**

Coming Soon!

**basicREC**  
Summer Camp

## The Running Series



### Trails 4 Miles Race for Autism

Join us for our annual trail race, and be ready for a challenge! This second annual race is a combination four mile race through the paved paths and wooded trails of Sherando Park. All proceeds from the race benefit the I'm Just Me Movement and The Arc of the Northern Shenandoah Valley as April is Autism Awareness Month. We also offer a one mile walk/run on the paved paths of Sherando Park for those participants who want to support Autism, but aren't comfortable running four miles. All participants will be awarded a race medal at the finish line to commemorate their accomplishment at the Trails 4 Miles Race for Autism.

Date: Saturday, April 4  
Time: 8:30 am  
Location: Sherando Park

Early Bird Fee: \$30 until March 1  
Fee: \$30 until April 2  
April 2 - Raceday Fee: \$40  
All Ages!

[Register Here](#)



### Youth Triathlon

AGE 10+

Join us for a fun-filled day of swimming, biking and running in the 6th annual FCPRD Youth Triathlon! Sherando Park in Stephens City, VA will be transformed into a one day challenging obstacle that includes a different distance per age group in the events of swimming, biking and running to make-up the FCPRD Youth Triathlon. All skill levels are welcome.

ALL Racers are encouraged to pick-up and have their bikes inspected on Saturday, June 6th at the Sherando Park pool between the hours of 5-7 p.m.

Age is based on your child's age on race day.

7-8 (25 meter swim, 1 mile bike, .5 mile run)  
9-10 (75 meter swim, 3 mile bike, 1 mile run)  
11-12 (125 meter swim, 3 mile bike, 1 mile run)  
13-15 (125 meter swim, 3 mile bike, 1 mile run)

Awards:

Top three boys and girls in the following age divisions:  
7-8, 9-10, 11-12 and 13-15

Day: Su  
Date: 6/7  
Time: 8:00 am  
Location: Sherando Park Pool  
Fee: \$35 before 5/24 at midnight  
Fee: \$45 before 6/6 at 7 pm



I'm Just Me MOVEMENT

A TRANSFORMATIONAL APPROACH TO

Mentoring

MENTORING PARTNERSHIP WITH THE ARC AND FCPRD PROGRAM

The Arc

For people with intellectual and developmental disabilities



FREDERICK COUNTY PARKS & RECREATION

Visit [www.RunAtTheTop.net](http://www.RunAtTheTop.net) for more race information or to register!





## Wellness

### Walk 15® Exercise Class

AGE 12+

**Instructor:** Margaret (Marty) Frye

Taking the best features from low impact, aerobic style, group exercise, Walk 15® group classes keep it easy to follow but effective in results with our exclusive 15-minute, BIG Calorie-Burning Miles system! It's designed with "walking based" moves so that all fitness levels, all ages, all walks of life, can do it! Walk 15® is a group exercise class for everyone of all ages and all fitness levels!

Activity#	Date	Day	Time
29713-A	Ongoing - Starts 10/2	Tu	9-10A

Fee: \$25 (8 class punch pass)  
Locaiton: Evendale Community Center

### Yoga

Enjoy increased flexibility, greater range of motion and so much more, including enhancing the body mind connection through yoga. Online purchase not available. Please bring yoga mat and water.

Fee: \$28 for 8 class flex pass

Activity #19712-A

Date: Ongoing

Day: W

Time: 5:30 - 6:30P

Location: Gainesboro Community Center



### Spring Running Club

AGE 7-14

All levels of running experience are welcome. The Spring Session includes registration in the Apple Blossom Race, Loudoun Street Mile, and one mystery race. Practice will be held twice a week.

Activity#	Date	Day	Time	Fee	Location
32326-E	4/7-6/11	Tu,Th	6- 7P	\$55	Apple Pie Ridge Elementary School
32326-A	4/7-6/11	Tu,Th	6- 7P	\$55	Sherando Park
32326-C	4/6-6/11	M,Th	6- 7P	\$55	Millbrook High School

[Register Here](#)

## Trips

### Day Trip Drop Offs

AGE 8+

Back by popular demand! We will drop you off at the destinations listed and our driver will pick you back up later that day at a designated time. Lunch and other activity fees are on your own; price includes transportation only. Depart Armel Elementary School parking lot at 9:00 am; return approximately 6:00 pm.

Activity #      Destination  
14736-C      Inner Harbor, Baltimore M.D.

Date: 2/15      Day: Sa      Fee: \$18  
Registration Deadline: 2/13

Activity #      Destination  
14736-D      Old Town Alexandria, VA  
Date: 3/14      Day: Sa      Fee: \$18  
Registration Deadline:

Activity #      Destination  
14736-F      Old Town Manassas, VA  
Date: 5/9      Day: Sa      Fee: \$18  
Registration Deadline:

[Register Here](#)

### Leap Year Mystery Trip!

Bring money for lunch and a sense of adventure and wear comfortable clothes for the weather and light walking. We will find fun for all ages! Depart Armel Elementary School parking lot at 9 am; return approximately 6 pm.

Activity#      Date      Day      Time      Fee  
24737-A      2/29      Sa      9A-6P      \$25  
Registration Deadline: 2/27

[Register Here](#)

### Birding and Bear Chase Brewery

AGE 18+

**Program Leader: James L. Smith**  
**Northern Shenandoah Valley Audubon Society President**

A day of exploration and birding in nature is a great way to start the spring season. Join us and program leader James L. Smith (Jim) as we explore local habitat areas. Jim has been a nature lover all his life and has conducted 100's of nature activities, hikes, and outings for all ages. He has been an active member of many conservation organizations such as Audubon, and he always enjoys discovering and sharing the bounty provided in nature with others. We will begin at Shenandoah University's Cool Spring River Campus, then venture up to Bear's Den for a short hike and brown bag lunch on the rocks overlooking the Shenandoah Valley. Afterwards we will head over to Bear Chase Brewery before heading home. Price includes transportation and guide services—please remember to wear your walking shoes and bring a non-perishable lunch. Any purchases made at Bear Chase Brewery will be on your own.

Fee: \$18  
Activity #37551-A  
Day: Sa  
Date: 4/18

[Register Here](#)

Rain Date: Friday, 4/24  
Time: Bus departing Sunnyside Plaza parking lot at 8 am; bus will depart Bear Chase approximately 4pm.  
Registration Deadline: 4/15



# PAWS TO PAVEMENT



FREDERICK COUNTY  
PARKS • RECREATION



## FREE EVENTS!

Join us for a Paws to Pavement event to celebrate all we love about the outdoors and dogs! Esther Boyd will be bringing several adoptable dogs to the park, where volunteers can pick a pup and take them on a walk around park trails--help us promote animal adoption and a better quality of life for local shelter dogs!

March 21 - Clearbrook Park - 9 am

April 11 - Rose Hill Park - 9 am

May 30 - Clearbrook Park - 9 am

A partnership between Frederick County Parks and Recreation and the Esther Boyd Animal Shelter to promote wellness, adoptable dogs, and community parks.

## First Battle of Kernstown Commemorative Walking Tour

ALL AGES - FREE

Learn about the Civil War's First Battle of Kernstown (March 23, 1862) during this walking tour that takes place at the Kernstown Battlefield on the Pritchard-Grim Farm and the MSV's Rose Hill Park. Led by author and historian Gary Ecelbarger, the walk begins at 9 a.m. at the Kernstown Battlefield (610 Battle Park Dr.), breaks for lunch at 11:30 a.m., then reconvenes at Rose Hill Park (1871 Jones Rd.) at 1 p.m.

Free. Registration not required. Presented by the Kernstown Battlefield Association and the Museum of the Shenandoah Valley.

If he needs to shorten the bio text to fit the addresses, here is an abbreviated version:

Gary Ecelbarger is the author of numerous 19th-century non-fiction works including *The Day Dixie Died: The Battle of Atlanta*, and *"We are in for it!": The First Battle of Kernstown*. He has also published biographies of Civil War generals "Black Jack" Logan and Frederick W. Lander, as well as military histories of the Shenandoah Valley campaign. A Lincoln scholar, Gary Ecelbarger is a leading authority of the Civil War in the Shenandoah Valley and has been consulted frequently for historical interpretations of Civil War battlefields in the Valley.



## Active Adults

We encourage seniors to check into joining any of the clubs and participating in the many activities planned. Pickup information will vary from club to club, so please read the description and let us know what your pick up location will be. Home pick up information, as available will be in the program description. You must register for each program/activity even if it is just a meeting.

Home Pick-Ups available for select activities for a \$6 fee.

## Gad Abouts Club

### National Inventors Hall of Fame Museum

WASHINGTON, DC

This unique museum found inside the U.S. Patent and Trademark Office is interesting, inspiring and educational! We will tour the museum, then grab a Dutch Treat lunch afterwards. Also, we will stop at Trader Joe's on the way home for some snacks! Depart Armel Elementary School parking lot at 8:30 am; return approximately 5pm.

Activity#	Date	Day	Time	Fee
34639-A	3/20	F	8:30A- 5P	\$20

[Register Here](#)

### Gad Abouts Mystery Trip!

Bring money for lunch and a sense of adventure and wear comfortable clothes for the weather and light walking. Home-pickups available for \$6 fee for this activity. Depart Armel Elementary School parking lot at 9am; return approx. 5pm

Activity#	Date	Day	Time	Fee
34651-B	4/17	F	9A- 5P	\$20

[Register Here](#)

### Mothers' Day Luncheons

We will have a short business meeting to be followed by lunch and an activity to celebrate Mothers' Day! Home-pickups available for \$6 fee for this activity.

#### Gainesboro Club

Activity#	Date	Day	Time
37676-A	5/18	M	11A- 2P

Location: Gainesboro Activity Room

#### Gad Abouts Club

Activity#	Date	Day	Time
37676-B	5/15	F	11A- 2P

Location: Sherando Community Center

[Register Here](#)

## Gainesboro Club

### Gainesboro Club Edinburg Flea Market and Lunch Out

We will explore the Market, then head to the Edinburg Mill for some more window shopping and a Dutch Treat lunch. Home-pickups available for an additional \$6 fee for this activity. : Depart Armel Elementary School parking lot at 9am; Sunnyside Plaza at 9:30am; return approx. 5pm

Activity#	Date	Day	Time	Fee
34638-A	3/27	F	9A- 5P	\$15

[Register Here](#)

### Gainesboro Club Day of Shopping at Boscov's

Grab some can't-miss deals as we do some shopping at the nearest 2-story Boscov's Department Store! We will shop, then find somewhere for a Dutch Treat lunch. If we have time we will stop for ice cream in Harper's Ferry, WV, on the way back. Home-pickups available for an additional \$6 fee for this activity. Depart Armel Elementary School parking lot at 9a.m.; Sunnyside Plaza at 9:30a.m.; return approx. 5p.m.

Activity#	Date	Day	Time	Fee
37684-A	4/27	M	10:45A- 2P	\$15

Location: Frederick, MD

[Register Here](#)

### Scrabble Party

FUN is the word for this program. New players are welcome. Pizza lunch is included. If you have a favorite board, bring it! Price includes lunch and all four dates listed. Meeting Dates: 3/16, 4/13, 4/27, 6/8

Activity#	Date	Day	Time
17717-D	3/16-6/8	M	10:30A- 2P

Fee: \$28 Location: Sherando Community Center  
Registration Deadline: 3/13

[Register Here](#)



## Annual Valentine Bash

Be our valentine for this annual fun and friendly gathering! We will do a craft activity, enjoy a good meal, and fellowship. Lunch will be Dutch treat. Transportation: 11 am at Armel Elementary School, 11:30 am at Sunnyside. Please specify pick-up or driving yourself when you register. If driving yourself please meet at the restaurant at 12 pm. [Register Here](#)

Activity #	Date	Day	Time
23676-A	2/14	F	12- 2:30P

Location: Perkins      Registration Deadline: 2/13

## Day Out in Hancock/Berkeley Springs

HANCOCK MD / BERKELEY SPRINGS WV

Join us for some antiquing and a Dutch Treat lunch out at the Park and Dine in Hancock, MD. On the way home we will stop for a tea and tour (and dessert if you're not too full!) at Ellen's Tea Room in Berkeley Springs, WV. Price includes transportation only—all other purchases and lunch will be on your own.

Fee: \$15 [Register Here](#)

Activity # 25632-B

Day: F

Date: 2/21

Time: Depart Armel Elementary School parking lot at 9am; Sunnyside Plaza parking lot at 9:30 am; return approximately 4pm.

Registration Deadline: 2/19

## Adventures in Woodstock, VA

Spring has sprung in the Valley and we are off on another adventure! For a small town, Woodstock has a lot to offer, we will head down to the Fort Valley Nursery to check out their selection of spring bulbs and flowers, then head down to the Woodstock Caf   and Shoppes for a Dutch Treat lunch. If available, we can walk over to the Shenandoah County Historical Society (located at the old Shenandoah County Courthouse) for a little history lesson on the area. Depart Armel Elementary School parking lot at 9am; Sunnyside Plaza at 9:30am; return approx. 5pm

Activity#	Date	Day	Time	Fee
34632-A	4/3	F	9A- 5P	\$15

[Register Here](#)

## Frederick County Rocks!

Join us for a fun afternoon of crafting and adventure, we will meet at Rose Hill Park in the picnic shelter for a rock painting party! While our painted rocks dry we can enjoy snacks and a pizza lunch, followed by a hike through the trails of Rose Hill Park to hide our freshly painted rocks. Get outside with us and welcome the spring season while we brighten someone's day with a rock to find! Materials and lunch provided. Be sure to wear your walking shoes! [Register Here](#)

Activity#	Date	Day	Time	Fee
33610-A	4/10	F	10A- 2P	\$10

## Active Adult Mystery Trip!

[Register Here](#)

Bring money for lunch and a sense of adventure and wear comfortable clothes for the weather and light walking. Depart Armel Elementary School parking lot @ 9am; Sunnyside Plaza parking lot at 9:30 am; return approx. 5pm

Activity#	Date	Day	Time	Fee
27637-B	5/1	F	9A- 5P	\$15

## Dinner and a Show: Bright Star at the Riverside Center for the Performing Arts

FREDERICKSBURG, VA

AGES 18+

Inspired by a real event and featuring the bluegrass-tinged Grammy-nominated Steven Martin and Edie Brickell score, Broadway's Bright Star is a sweeping tale of love and redemption set against the rich backdrop of the American South in the 1920s and '40s. When literary editor Alice Murphy meets a young soldier just home from World War II, he awakens her longing for the child she once lost. Haunted by their unique connection, Alice sets out on a journey to understand her past – and what she finds has the power to transform both of their lives. Price includes dinner and your show ticket and transportation.

Fee: \$75

Activity #34535-A

Day: Sun

Date: 5/17

Time: Depart Armel Elementary School parking lot at 10am; Sunnyside Plaza parking lot at 10:30am; return approximately 7pm.

Registration Deadline: 5/1

[Register Here](#)

# Facilities

Reservations must be made 21 days in advance and are subject to availability. Facility rentals are rented by the hour with a two hour minimum, so include setup and breakdown time for the requested rental.

Full Day Gymnasium Rentals - \$250 Resident, \$400 Non-Resident

## Evendale Community Center

220 ROSA LANE  
WINCHESTER, VA 22602

## Gainesboro Comm. Center

4651 NORTH FREDERICK PIKE  
WINCHESTER, VA 22603

Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$30	\$46	M-F, 6P-10P Sa, Su 9A-10P	-
Activity Room	\$17	\$33	M-F, 6P-10P Sa, Su 9A-10P	35
Exercise Room	\$14	\$30	M-F, 6P-10P Sa, Su 9A-10P	49

Celebrate your next Birthday Party or special event at one of the FCPRD Parks or Community Centers!

## Greenwood Mill Community Center

281 CHANNING DRIVE, WINCHESTER, VA 22602

Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$30	\$46	M-F, 6P-10P Sa, Su 9A-10P	-
Activity Room	\$23	\$39	M-F, 6P-10P Sa, Su 9A-10P	50
Fitness Room (Weights/Machines)	Free	\$20/10Pass	M-F, 6:30A-9P Sa, Su 8A-12P	-

## Sherando Community Center

185 SOUTH WARRIOR DRIVE, STEPHENS CITY, VA 22655

Facility	Resident	Non-Res.	Hours	Capacity
Fitness Room (Weights/Machines)	Free	\$20/10Pass	M-F, 4P-8P Sa, 8A-12P	-
Racquetball Courts (2 Courts)	Free	\$7/hour	M-F, 4P-8P Sa, 8A-12P	-
Multipurpose Room	\$23	\$39	M-F 6P-10P Sa, Su 9A-10P	140

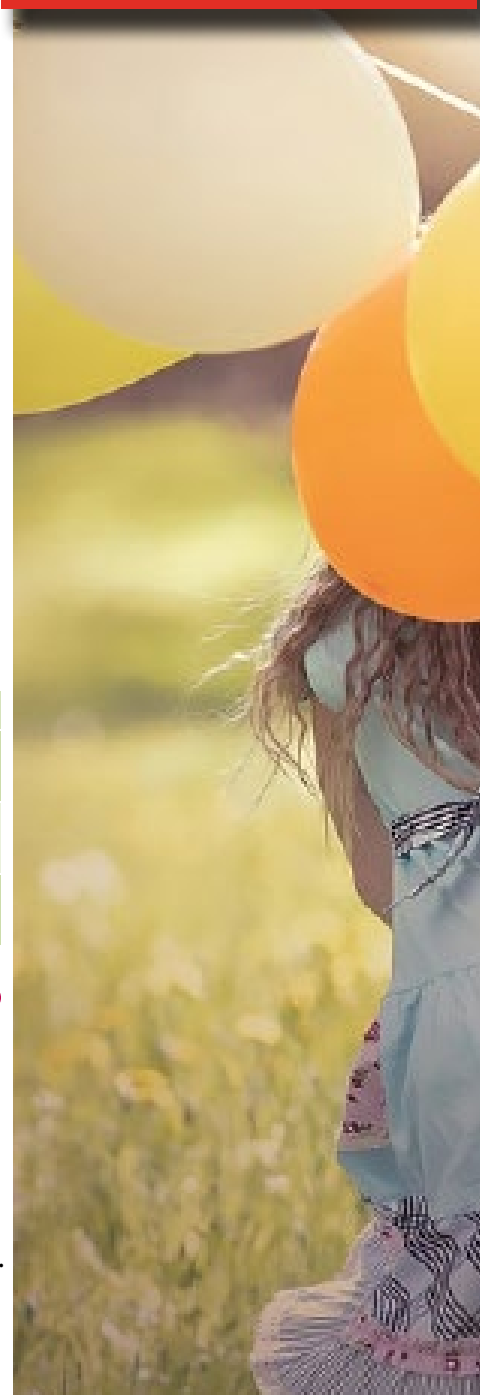
*Racquetball Courts may not be reserved more than 24 hours prior to use.*

## Orchard View Community Center

4275 MIDDLE ROAD, WINCHESTER, VA 22602

Facility	Resident	Non-Res.	Hours	Capacity
Gymnasium	\$30	\$46	M-F, 6P-10P Sa, Su 9A-10P	-

Bulk rentals of 50 or more hours qualify for a discount.  
Please call 540-665-5678 for details.  
*Does not apply to Full Day Gym Rentals*





Park Hours: March 1 - October 31: 8:00 am - Dusk  
November 1 - February 28: 8:00 am - 6:00 pm

For current shelter fees and to make shelter reservations, visit our web site at [www.fcprd.net](http://www.fcprd.net) or call the main office 540-665-5678.

### Sherando Park

252 Lakeview Circle, Stephens City, VA

Situated on 330 scenic acres, Sherando Park offers a variety of facilities for the enjoyment of the entire family. The park is located 1.8 miles east of I-81 on Route 277 at Stephens City and includes:

- 3 miles shared-use paths
- 3 miles mountain bike trails
- 4.55-acre fishing lake
- lighted ball fields
- picnic shelters & tables
- hiking trails
- 25M outdoor pool
- 18-hole disc golf
- soccer fields
- volleyball court
- playgrounds
- bocce, tennis and basketball courts (at SHS)
- outdoor exercise equipment - Warrior Dr. Entrance

Shelter	Capacity	Resident	Non-Res.
Lock Gazebo	35	\$45	\$60
Abex	75	\$56	\$72
James Wood FFA	75	\$56	\$72
Shawquon Ruritan	150	\$68	\$84
Sandy Family	150	\$68	\$84
Stephens City Lions	200	\$80	\$96

### Neighborhood Parks

Frederick Heights, 102 Potomac Place, Winchester, VA

- 1/2 mile walking path loop
- 11 acres featuring a playground & basketball court
- picnic tables

Reynolds Store, 9291 N. Frederick Pike, Cross Junction, VA

- 1/2 acre with a playground

### Monday - Friday Shelter Rates (Non-Holiday)

Capacity	Resident	Non-Res.
30 - 35	\$23	\$30
75	\$28	\$36
150	\$34	\$42
200	\$40	\$48

### Clearbrook Park

3300 Martinsburg Pike, Clear Brook, VA

Traveling just five miles north of Winchester allows you to experience the 55 acres of Clearbrook Park which include:

- 1/2 mile walking path loop
- 3-acre lake
- picnic shelters & tables
- 3,000 feet of paved walking paths
- paddleboats
- playground
- 25M outdoor pool
- sand volleyball courts
- vintage red caboose

Shelter	Capacity	Resident	Non-Res.
Lawrence	30	\$45	\$60
JWHS Key Club	75	\$56	\$72
JWHS Colonels	75	\$56	\$72
Rubbermaid	75	\$56	\$72
Antique Car Club	75	\$56	\$72
Brill Family	75	\$56	\$72
Shawnee Lions	150	\$68	\$84
Kiwanis II	150	\$68	\$84
Kiwanis I	200	\$80	\$96

### Rose Hill Park

1873 Jones Road, Winchester, VA

Located 1/3 mile south of the intersection of Cedar Creek Grade and Jones Road, Rose Hill Park offers visitors the opportunity to enjoy the historic and scenic features of the Museum of the Shenandoah Valley's Rose Hill Farm.

- 1.2 mile interpretive walking trail of the 1862 1st Battle of Kernstown
- Picnic Shelter and tables
- Restrooms
- Playground

Shelter	Capacity	Resident	Non-Res.
Tom Baldridge - Jaycees	30	\$45	\$60

Bulk rentals of 50 or more hours qualify for a discount. Please call 540-665-5678 for details.

For more information, or to make a reservation visit [www.fcprd.net](http://www.fcprd.net) or call 540-665-5678.

*Reservations must be made one (1) business day in advance and are subject to availability.*

Baseball and Softball Fields	Resident	Non-Res.	
Practice	\$11	\$16	Per hr/2 hr min
Drag/Line	\$30	\$35	one time fee
Tournament (9A-11P)	\$125	\$155	Per Reservation
Field Lights	\$15	\$15	Per hour

Clearbrook Sand Volleyball Courts	Resident	Non-Res.
Per Court (2 hr min)	\$10	\$15

Sherando Park Soccer Fields	Resident	Non-Res.	
Fields #1-#4	\$27	\$43	Per hr/per field
Fields #6 and #7	\$17	\$27	Per hr/per field

"IT IS THE GOAL OF FREDERICK COUNTY PARKS AND RECREATION TO SERVE AS MANY FAMILIES AS POSSIBLE SO THE YOUTH OF FREDERICK COUNTY CAN BE ACTIVELY INVOLVED IN RECREATIONAL PROGRAMS."



**HOW DO I APPLY FOR ASSISTANCE THROUGH THE PLAY FUND?**

The application process is user-friendly. The primary qualifications are:

- Participant must be a Frederick County resident
- Participant must be under the age of 18
- Participant must meet the Family Income Guidelines as determined either by the free or reduced lunch program through Frederick County Public Schools or proof of annual household income.

Contact staff at 540-665-5678 for further assistance. Assistance for families depends on available funds coupled with a household maximum for a calendar year. In most instances a family that qualifies for funding through the PLAY Fund may be required to pay a percentage of the cost of the program.





## Registration Guidelines

1. No registration will be accepted without payment. If participant has allergies or needs other accommodations, please indicate at registration.
2. Participants must register prior to the start of all programs or by the registration deadline if one is specified in the program information.
3. We will make every effort to notify participants if we must cancel a program. For updates, call 540-665-5678 and select "3" for cancellations, or visit fcprd.net and click on the cancellations button. FCPRD shares facilities with Frederick County Schools and must cancel programs when these facilities are not available.
4. Refunds will be given until a program begins to the registering household; however, a 20% administrative charge will be deducted. In the case where goods and/or services have been purchased (i.e. tickets, transportation costs, deposits, reservation charges) participants may not be given a refund. In most cases, gift certificates will be issued in lieu of a cash refund. No refunds or gift certificates will be approved after the start of a program.
5. Separate fees apply for withdrawal from basicREC and CAMP basicREC. Refer to the parent handbook available online at www.fcprd.net or call the main office for full details. Participants must be picked up by the program ending time. Late pick up fees apply: \$15 for the first 15 minutes or any portion thereof; \$2 per minute over 15 minutes.
6. Returned checks are assessed a \$35 NSF fee. Your account may be forwarded to the County Treasurer's Office for collection if your account is not paid in full.
7. FCPRD reserves the right to photograph and videotape all activities, events, classes, programs, and facilities for promotional purposes.

**Register Online Now**  
fcprd.net

## Park Visitation

1. Accidents/Injuries: Any person witnessing or involved in an accident in a park should report it to the Park Ranger, Park Manager, or the Parks and Recreation Department, 665-5678.
2. For the enjoyment of everyone visiting the parks, please refer to full park guidelines posted in the park kiosks and on the web site at www.fcprd.net.

## Park Rangers

Clearbrook - 540-539-5679

Sherando - 540-539-5678

## Registration Form

Mail or bring to: FCPRD, 107 North Kent Street, Winchester, VA 22601  
To register by phone with a credit card, call 540-665-5678 Print this form at fcprd.net  
Standard FCPRD refund policy applies to all registrations

Participant	DOB	Activity #	Activity Name	Fee
			<b>Total Fees: \$</b>	

Address: \_\_\_\_\_ Telephone Numbers  
Home: \_\_\_\_\_ Work: \_\_\_\_\_  
Cell: \_\_\_\_\_

Print Name of Parent/Guardian: \_\_\_\_\_  **Please Call Me - I want to Volunteer as a Youth Coach!**

To receive periodic e-mail updates from FCPRD, please provide us with your e-mail address: \_\_\_\_\_

Special accommodations needed \_\_\_\_\_

Allergies or intolerance to food, medication, etc., and action to take in an emergency \_\_\_\_\_

Under the provisions of the Virginia Freedom of Information Act, I hereby request that any and all personal information regarding the child(ren) named above be retained by The Frederick County Parks and Recreation Department as exempt from disclosure.

X  
SIGNATURE OF PARENT/GUARDIAN \_\_\_\_\_ Date \_\_\_\_\_ PRINT NAME OF PARENT/GUARDIAN \_\_\_\_\_



Frederick County Parks and Recreation Department  
107 N. Kent Street  
Winchester, VA 22601

PRST STD  
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